

Triathlon Friesland | Stiens | 01-07-2017



Vrouwen

| Pos | StartNr | Naam | Cat | Woonplaats | Swim | #Zw | Wis1 | Fiets | #Fie | NaFiets | Wis2 | Loop | #Loop | Total | Status |
|-----|---------|----------------------|-----|-----------------|----------|-----|----------|----------|------|----------|----------|----------|-------|----------|--------|
| 1 | 437 | Lizette van der Vegt | D30 | LEEK | 00:12:48 | 1 | 00:00:50 | 00:36:39 | 1 | 00:50:15 | 00:00:37 | 00:21:17 | 1 | 01:12:09 | |
| 2 | 435 | Femke Panjer | D16 | APELDOORN | 00:13:03 | 1 | 00:00:59 | 00:39:14 | 2 | 00:53:16 | 00:00:37 | 00:23:19 | 1 | 01:17:12 | |
| 3 | 440 | Sandra Sikkema | D30 | DRACHTEN | 00:13:34 | 2 | 00:01:01 | 00:39:48 | 2 | 00:54:23 | 00:01:00 | 00:22:21 | 2 | 01:17:43 | |
| 4 | 425 | Joelle de Ruiter | D16 | BOVENSMILDE | 00:13:34 | 2 | 00:00:33 | 00:38:20 | 1 | 00:52:26 | 00:00:39 | 00:25:36 | 2 | 01:18:40 | |
| 5 | 421 | Lydwien Wilbers | D20 | GRONINGEN | 00:13:58 | 1 | 00:00:52 | 00:40:48 | 1 | 00:55:38 | 00:00:47 | 00:23:14 | 1 | 01:19:38 | |
| 6 | 466 | Telma van de Kamp | D20 | Groningen | 00:15:31 | 3 | 00:01:42 | 00:41:55 | 2 | 00:59:07 | 00:01:33 | 00:23:27 | 2 | 01:24:06 | |
| 7 | 436 | Meike Regeling | D12 | STIENS | 00:14:02 | 1 | 00:01:14 | 00:44:58 | 1 | 01:00:13 | 00:00:38 | 00:23:42 | 1 | 01:24:32 | |
| 8 | 464 | Afke Duinstra | D40 | STIENS | 00:18:49 | 7 | 00:02:48 | 00:39:48 | 1 | 01:01:23 | 00:01:13 | 00:23:28 | 1 | 01:26:03 | |
| 9 | 439 | Krista Russchen | D30 | GRONINGEN | 00:15:58 | 3 | 00:01:43 | 00:43:05 | 4 | 01:00:45 | 00:01:09 | 00:24:44 | 3 | 01:26:36 | |
| 10 | 424 | Danique de Ruiter | D18 | BOVENSMILDE | 00:15:31 | 1 | 00:01:22 | 00:41:44 | 1 | 00:58:36 | 00:00:55 | 00:28:19 | 1 | 01:27:49 | |
| 11 | 446 | Sanne van der Horst | D20 | ANNA PAULOWN | 00:16:06 | 6 | 00:01:57 | 00:44:23 | 8 | 01:02:25 | 00:00:56 | 00:25:38 | 4 | 01:28:57 | |
| 12 | 432 | Anne Wouda | D20 | GRONINGEN | 00:15:44 | 4 | 00:01:36 | 00:42:32 | 3 | 00:59:52 | 00:01:15 | 00:28:02 | 6 | 01:29:09 | |
| 13 | 403 | Kim Dekker | D20 | SINT ANNAPAROUW | 00:16:02 | 5 | 00:01:49 | 00:46:30 | 10 | 01:04:20 | 00:00:49 | 00:25:13 | 3 | 01:30:21 | |
| 14 | 408 | Jildou Oosterhof | D40 | LEEWARDEN | 00:16:38 | 3 | 00:02:03 | 00:43:35 | 5 | 01:02:15 | 00:01:17 | 00:28:53 | 5 | 01:32:24 | |
| 15 | 418 | Elsbeth Rispens | D50 | GORREDIJK | 00:19:30 | 2 | 00:01:57 | 00:43:04 | 1 | 01:04:29 | 00:01:31 | 00:26:38 | 2 | 01:32:37 | |
| 16 | 417 | Dieuwke Couperus | D40 | WORKUM | 00:17:47 | 5 | 00:01:43 | 00:41:44 | 3 | 01:01:13 | 00:01:34 | 00:29:51 | 7 | 01:32:37 | |
| 17 | 456 | Annemiek Engbers | D20 | ENSCHEDDE | 00:16:40 | 7 | 00:02:06 | 00:44:49 | 9 | 01:03:34 | 00:00:40 | 00:28:34 | 9 | 01:32:47 | |
| 18 | 451 | Hester Henstra | D40 | Leeuwarden | 00:20:31 | 11 | 00:02:03 | 00:43:15 | 4 | 01:05:48 | 00:01:07 | 00:26:24 | 2 | 01:33:18 | |
| 19 | 467 | Jelly Bakker | D50 | NIEUW-AMSTERDAM | 00:20:16 | 3 | 00:02:13 | 00:44:08 | 2 | 01:06:36 | 00:01:16 | 00:25:57 | 1 | 01:33:48 | |
| 20 | 443 | Karin van Gog | D40 | DRACHTEN | 00:19:40 | 8 | 00:01:34 | 00:40:38 | 2 | 01:01:52 | 00:01:02 | 00:31:24 | 11 | 01:34:17 | |
| 21 | 457 | Kiki Boomgaard | D60 | DE KNIPE | 00:19:29 | 1 | 00:02:07 | 00:44:12 | 1 | 01:05:46 | 00:00:44 | 00:27:58 | 1 | 01:34:28 | |
| 22 | 428 | Annemarie Roukema | D30 | AMSTERDAM | 00:23:47 | 15 | 00:01:53 | 00:42:17 | 3 | 01:07:56 | 00:01:25 | 00:25:12 | 4 | 01:34:33 | |

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|----|------------------------------|-------------------|----------|----|----------|----------|----|----------|----------|----------|----|----------|
| 23 | 415 Fenna Kamminga | D20-GRONINGEN | 00:20:46 | 9 | 00:01:44 | 00:42:34 | 4 | 01:05:04 | 00:01:37 | 00:27:58 | 5 | 01:34:37 |
| 24 | 454 Sigrid de Winkel | D40-Wytgaard | 00:17:01 | 4 | 00:02:07 | 00:46:06 | 6 | 01:05:13 | 00:01:01 | 00:28:31 | 4 | 01:34:44 |
| 25 | 412 Klazina Korver | D20-GRONINGEN | 00:15:22 | 2 | 00:01:27 | 00:43:42 | 7 | 01:00:30 | 00:01:20 | 00:33:32 | 13 | 01:35:20 |
| 26 | 438 Marta Sebastia Mengod | D30-UTRECHT | 00:17:27 | 4 | 00:01:45 | 00:45:35 | 6 | 01:04:47 | 00:01:05 | 00:29:44 | 10 | 01:35:34 |
| 27 | 433 Robin Nijholt | D20-OSSENZIJL | 00:22:39 | 12 | 00:02:05 | 00:43:31 | 5 | 01:08:14 | 00:00:56 | 00:28:29 | 8 | 01:37:39 |
| 28 | 414 Monica Zuidberg | D40-JULIANADORP | 00:14:19 | 1 | 00:02:58 | 00:51:00 | 13 | 01:08:16 | 00:01:49 | 00:27:59 | 3 | 01:38:03 |
| 29 | 402 Fransien Mulder | D30-WYTGAARD | 00:20:01 | 7 | 00:01:43 | 00:43:41 | 5 | 01:05:23 | 00:00:45 | 00:32:19 | 14 | 01:38:26 |
| 30 | 461 Berber Terpstra | D40-Wytgaard | 00:19:46 | 9 | 00:01:43 | 00:46:53 | 7 | 01:08:20 | 00:00:57 | 00:29:45 | 6 | 01:39:02 |
| 31 | 405 Marianne Kraamer | D30-DOKKUM | 00:17:33 | 5 | 00:02:34 | 00:48:47 | 12 | 01:08:53 | 00:00:48 | 00:29:25 | 8 | 01:39:06 |
| 32 | 447 Anna Bijl | D20-AMSTERDAM | 00:19:17 | 8 | 00:03:04 | 00:43:34 | 6 | 01:05:54 | 00:01:17 | 00:32:22 | 12 | 01:39:33 |
| 33 | 459 Lieke Balkema | D16-UIHUIZEN | 00:21:24 | 3 | 00:01:21 | 00:44:40 | 3 | 01:07:23 | 00:01:10 | 00:32:00 | 3 | 01:40:32 |
| 34 | 455 Sandra de Jong-van der | VD30-Britsum | 00:18:14 | 6 | 00:02:28 | 00:48:45 | 11 | 01:09:26 | 00:01:28 | 00:29:43 | 9 | 01:40:35 |
| 35 | 444 Esther Hozeman-Terlouw | D50-DRACHTSTERCON | 00:19:24 | 1 | 00:01:56 | 00:48:56 | 4 | 01:10:16 | 00:01:07 | 00:30:28 | 3 | 01:41:50 |
| 36 | 416 Jacqueline Brouwer | D30-BUREN AMELANI | 00:20:54 | 8 | 00:03:27 | 00:46:50 | 8 | 01:11:10 | 00:01:34 | 00:30:16 | 12 | 01:42:59 |
| 37 | 450 Johanna de Groot | D30-Noordburgum | 00:22:48 | 13 | 00:02:02 | 00:47:50 | 10 | 01:12:39 | 00:01:58 | 00:29:21 | 7 | 01:43:57 |
| 38 | 431 Ellen Nieuwold-Boiten | D40-ZUIDBROEK | 00:20:08 | 10 | 00:01:44 | 00:47:13 | 8 | 01:09:03 | 00:01:42 | 00:33:14 | 14 | 01:43:59 |
| 39 | 423 Jellie Hiemstra | D40-BORNWIRD | 00:18:27 | 6 | 00:03:30 | 00:49:49 | 11 | 01:11:45 | 00:01:53 | 00:30:23 | 10 | 01:44:00 |
| 40 | 465 Kim Boonstra | D30-LEEUWARDEN | 00:21:49 | 11 | 00:02:17 | 00:47:09 | 9 | 01:11:14 | 00:01:46 | 00:31:16 | 13 | 01:44:15 |
| 41 | 401 Catrien Schuurman | D30-WYTGAARD | 00:21:35 | 9 | 00:02:12 | 00:46:27 | 7 | 01:10:12 | 00:00:42 | 00:33:35 | 15 | 01:44:28 |
| 42 | 460 Pernille Zinzi Verheij | D20-FRANEKER | 00:22:20 | 11 | 00:02:41 | 00:49:19 | 14 | 01:14:19 | 00:01:52 | 00:28:21 | 7 | 01:44:31 |
| 43 | 422 Jelly Visser | D40-DOKKUM | 00:15:02 | 2 | 00:04:04 | 00:50:20 | 12 | 01:09:25 | 00:02:03 | 00:33:08 | 13 | 01:44:35 |
| 44 | 411 Sylvia Katoen | D30-LEEUWARDEN | 00:22:13 | 12 | 00:03:35 | 00:49:27 | 13 | 01:15:14 | 00:01:11 | 00:29:55 | 11 | 01:46:19 |
| 45 | 407 Anna de Ruiter-Knegterin | D40-LEEUWARDEN | 00:22:09 | 14 | 00:04:30 | 00:47:41 | 9 | 01:14:18 | 00:02:42 | 00:30:09 | 8 | 01:47:08 |
| 46 | 410 Laila Kimkes | D30-LEEUWARDEN | 00:21:43 | 10 | 00:03:00 | 00:52:03 | 15 | 01:16:45 | 00:01:11 | 00:29:15 | 5 | 01:47:10 |
| 47 | 449 Chantal Pruntel | D20-Leeuwarden | 00:24:34 | 14 | 00:04:04 | 00:46:44 | 11 | 01:15:21 | 00:01:34 | 00:30:44 | 11 | 01:47:39 |
| 48 | 442 Jessica vd Laan | D40-HEERENVEEN | 00:21:39 | 13 | 00:03:51 | 00:49:05 | 10 | 01:14:34 | 00:01:27 | 00:31:45 | 12 | 01:47:45 |
| 49 | 448 Alet Hoeksma | D50-Menaam | 00:21:44 | 4 | 00:03:32 | 00:47:37 | 3 | 01:12:51 | 00:02:12 | 00:32:46 | 4 | 01:47:49 |
| 50 | 413 Shakuntala Hoogendoorn | D30-LEEUWARDEN | 00:24:53 | 16 | 00:03:02 | 00:51:55 | 14 | 01:19:48 | 00:01:00 | 00:29:19 | 6 | 01:50:06 |
| 51 | 430 Anna van der Galiën | D20-HANTUM | 00:23:53 | 13 | 00:03:53 | 00:48:07 | 12 | 01:15:52 | 00:01:11 | 00:33:47 | 14 | 01:50:49 |
| 52 | 426 Tabitha Kraak | D40-SNEEK | 00:24:01 | 15 | 00:04:58 | 00:51:27 | 14 | 01:20:25 | 00:02:37 | 00:30:19 | 9 | 01:53:20 |
| 53 | 441 Jelly Andreae | D50-LEEUWARDN | 00:22:21 | 5 | 00:04:45 | 00:50:49 | 5 | 01:17:54 | 00:01:08 | 00:36:40 | 5 | 01:55:42 |
| 54 | 429 Ilse van Eekelen | D30-LEEUWARDEN | 00:23:36 | 14 | 00:03:05 | 00:55:57 | 16 | 01:22:37 | 00:00:46 | 00:33:49 | 16 | 01:57:11 |
| 55 | 445 Sandra van der Galiën | D20-JOUSWIER | 00:27:30 | 15 | 00:03:32 | 00:48:52 | 13 | 01:19:53 | 00:01:04 | 00:36:19 | 15 | 01:57:14 |
| 56 | 453 Cisca van Sloten | D40-Leeuwarden | | 0 | | | 0 | | | | 0 | 02:07:00 |

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| 57 | 419 Anna Postma | D40-ORANJEWOUD | 00:21:18 | 12 | 00:05:14 | 01:09:00 | 16 | 01:35:30 | 00:02:30 | 00:40:18 | 15 | 02:18:18 |
| 58 | 409 Gerda Hamersma | D40-LEEWARDEN | 00:27:13 | 16 | 00:03:17 | 01:01:17 | 15 | 01:31:45 | 00:00:01 | 00:46:33 | 16 | 02:18:19 |
| 59 | 404 Marianne de Leeuw | D20-LEEWARDEN | 00:22:15 | 10 | 00:03:13 | 01:41:05 | 15 | 02:06:33 | 00:01:20 | 00:30:25 | 10 | 02:38:17 |
| 60 | 462 Monika Smit | D40-HAREN | 00:16:31 | 0 | 00:02:09 | 00:40:06 | 0 | 00:58:45 | 00:01:21 | 00:28:05 | 0 | 01:28:10 DQ |

Mylaps Event timing using ChampionChip 3-7-2017 22:58:45